



# Systematic Flows:

How Mechanical Buying And Selling Drives  
Volatility And Trend In The Stock Market

Presented by Tier1 Alpha

# What Are “Flows”?

*In the stock market, Capital Flows, or simply “Flows”, describe the journey of money as it is invested into, or pulled out of, different stocks or sectors.*

**Discretionary flows** involve investment decisions that are based on the judgment and discretion of an individual or a portfolio manager. These flows are driven by qualitative factors, market analysis, and personal assessments of investment opportunities. **Discretionary flows are human-driven, emotional and are generally unpredictable.**

**Systematic flows** refer to investment decisions that are made based on a predefined strategy or a set of rules. At the institutional level, these strategies are almost exclusively executed through complex computer algorithms driven by quantitative factors meant to manage risk and generate alpha. **Systematic flows are mechanical, unemotional, and predictable.**



In 1996, IBM's supercomputer “Deep Blue” makes chess history by beating Garry Kasparov, the world's best chess player

*Due to their inherent predictability, our research primarily focuses on **Systematic Flows**.*

# In An Inelastic Market, These Flows Matter!

- The **Inelastic Market Hypothesis** explains that when supply and demand dynamics are constrained, flows become the primary driver of stock prices.
- Under these conditions, **even minor capital flows** in or out of the market can have a **substantial effect on equity prices**.
- As a consequence, **the stock market does not necessarily reflect economic conditions or individual company performance**. Instead, stock prices primarily reflect the influence of flow-driven demand in the market.



*In fact, research has shown that flows in and out of the stock market can have up to a **3-8x multiplier effect** on aggregate price.*

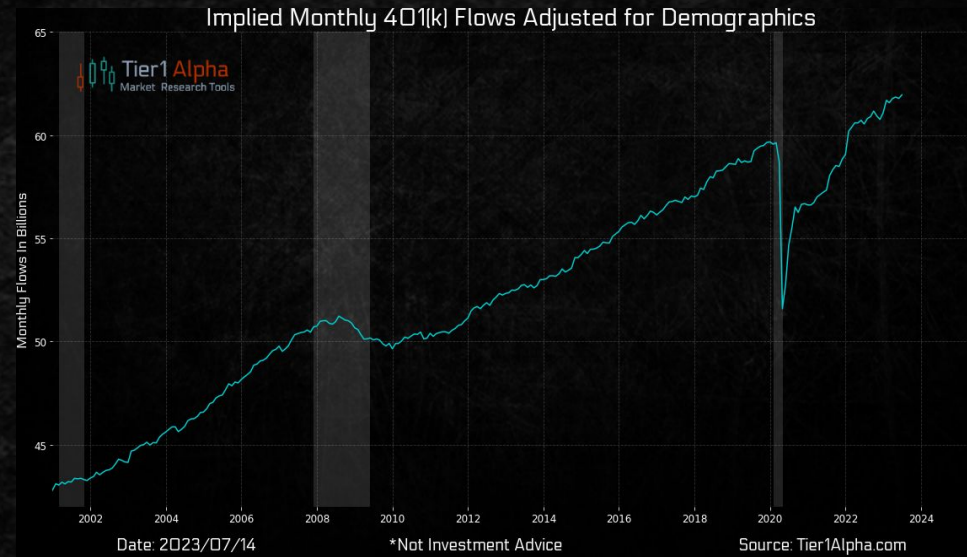
***On average, this means for every \$1 invested, market capitalization increases by \$5!***



# Where Do Flows Come From?

- An overwhelming amount of defined contribution plans are funneled into Target Date Funds (TDF) every month.
- A Target Date Fund is an investment vehicle that **automatically adjusts its asset allocation based on a specific future date**, such as retirement, aiming to become more conservative over time.
- Since TDFs use a "Glide Path" to decide asset allocation, **we can estimate how much 401(k) flows are funneled towards equities every month.**
- TDFs and 401(k) flows provide a direct link between **Macroeconomics, Employment** and the **Stock Market.**

Have you ever wondered **who's crazy enough to buy stocks while heading into a recession?**



Well, if you're one of the **60 million Americans with a 401(k) plan, YOU ARE!**

# Where Do Flows Come From?

While 401(k)'s flows often drive longer-term trends, ***Institutional Positioning*** can drive both ***Volatility and Direction*** in the near term.

*The stock market is a large and complex system, so we have broken down institutional positioning into four main categories.*

- Delta Hedging / Gamma Exposure
- Volatility Controlled Funds
- Commodity Trading Advisors (CTA)
- Risk Parity Strategies

# Delta Hedging -

*When an investor buys an Option Contract, there is almost always a **Market Maker on the other side of the trade.***

- The goal of an Options Dealer is to **collect the premium** from the sale while avoiding **as much directional risk as possible**.
- To avoid this directional risk, Dealers employ a strategy called **Delta Hedging**, where they take **an opposing position in the underlying asset** to offset the risk associated with price movements in the contracts they sold.
- As the spot index moves around throughout the day, market makers must frequently adjust their hedges, by **buying and selling the underlying asset** in order to maintain their **delta-neutral position**.
- In addition to adhering to their internal risk management policies, Option Dealers are also subject to **regulatory limits on risk-taking in the post-Dodd-Frank era**. As a result, dealers are essentially **forced into hedging in this way**.



## *What is Delta?*

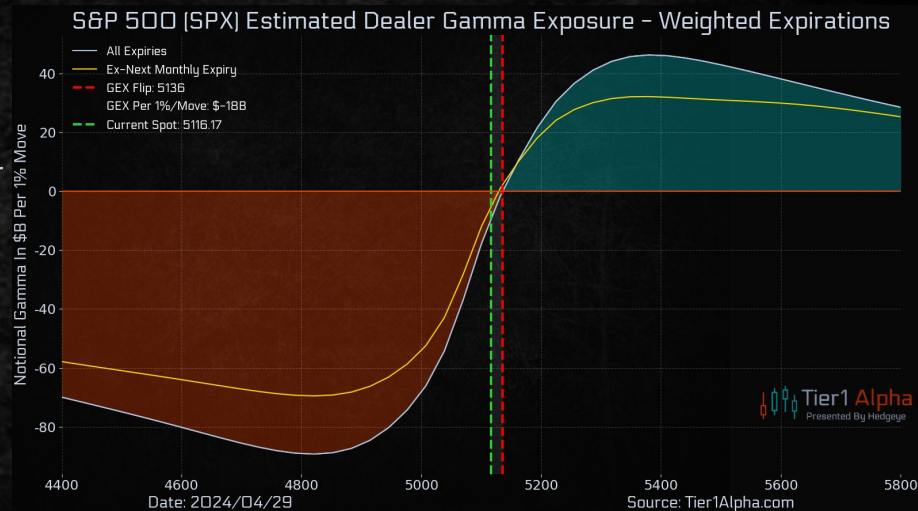
- Delta measures the rate of change in an option's price given a one-unit change in the price of the underlying asset. In other words, it quantifies how much the value of an option is expected to change for every \$1 change in the price of the underlying asset.
- Delta values range from 0 to 1 for call options, and -1 to 0 for put options. For example, if a call option has a delta of 0.5, the option's price will rise by \$0.50 for every \$1 increase in the underlying asset's price.



# Gamma Exposure -

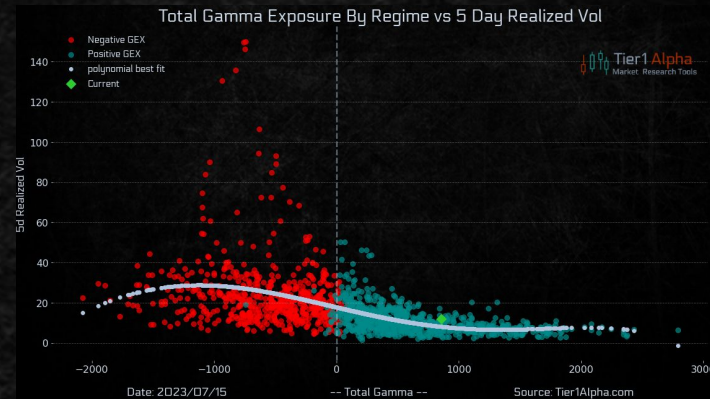
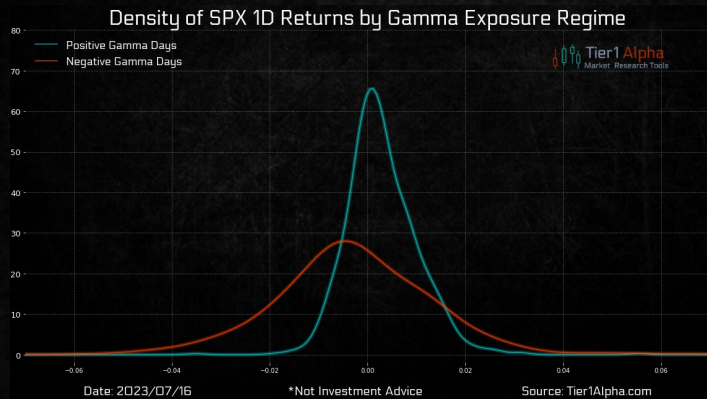
Our Gamma Exposure models aim to **track the estimated amount of flows generated by Market Makers** deploying a **Delta-Neutral Hedging Strategy**.

- **Gamma measures** how much the delta of an options position will change with each one-point move in the price of the underlying asset.
- As market dynamics shift throughout the day, **a dealer's gamma exposure will cause their delta to change**, which in turn will affect their hedging requirements, which demand **continuous adjustments**.
- Dealer gamma exposure and its associated hedging activities **can significantly influence broader market dynamics**.
- Large-scale adjustments to maintain delta neutrality, especially in illiquid or volatile markets, **can drive substantial buying or selling pressure in the underlying asset**, which in turn may influence the **asset's price direction and overall market volatility**.



# Gamma Exposure -

*Dealer Gamma Exposure can be broadly broken down into two regimes, Positive Gamma, and Negative Gamma.*



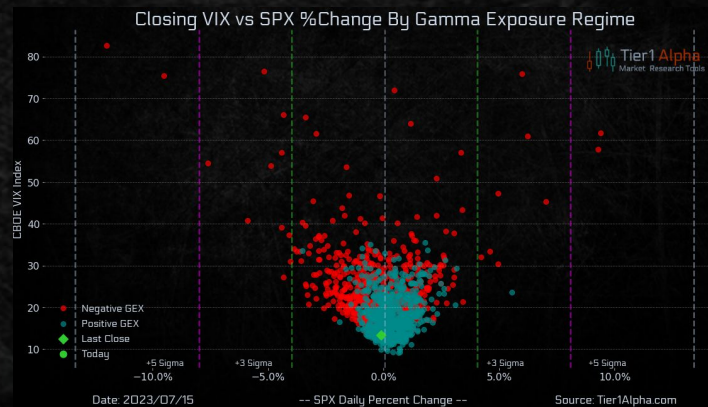
- When Options Dealers are **Positive Gamma**, markets tend to be **LESS volatile**, as dealers are forced to **Buy the underlying asset when the market goes down and Sell the underlying asset when the market rise**. This buying and selling ensures they maintain a delta-neutral position.
- This **SUPPRESSES volatility** as the flows are driven in the **OPPOSITE direction** of the cash index.
- When Options Dealers are **Negative Gamma**, markets tend to be **MORE volatile**, as dealers are forced to **Sell the underlying asset when the market goes down and Buy the underlying asset when the market rises**. This buying and selling ensures they maintain a delta-neutral position.
- This **INCREASES volatility** as the flows are driven in the **SAME direction** of the cash index.



# Gamma Exposure -

One of the most important concepts to grasp about Dealer Gamma Exposure is that it affects **Volatility** but not necessarily **Direction**

- Said another way, it's the **magnitude of returns that change**, but those returns can be either to the **Upside** or to the **Downside**, depending on how dealers are positioned.
- This is especially evident when dealers are in a **Negative Gamma Regime**, and why we often see **big down days**, immediately followed by **big up days**, as dealers are **forced to chase the market in both directions**.



In this sense, Dealer Gamma Exposure acts as a **Throttle for Volatility**

# Quantitative Fund Flows-

While *Gamma Exposure* acts as a *Throttle For Volatility*,  
*Volatility* acts as a *Toggle for Equity Exposure*.

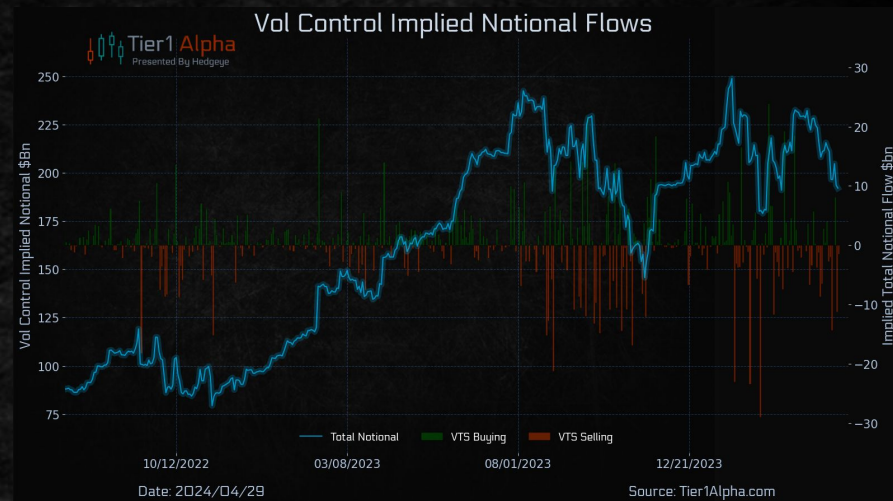
- Quantitative funds, including **Vol control funds**, **CTA funds**, and **Risk Parity strategies**, leverage algorithms and advanced statistical techniques to manage portfolio risk, by **systematically adjusting their asset allocation based on changes in volatility**.
- In other words, these funds use **volatility as a mechanism or "Toggle"** to adjust their **exposure to the equity market**.
- **As volatility increases**, these funds mechanically **reduce their equity holdings by selling stocks** to maintain a stable level of risk. Conversely, **when volatility falls**, they mechanically **increase equity exposure by purchasing stocks**.



This Mechanical Rebalancing contributes to the  
*Directional Component of Volatility*

# Volatility Controlled Funds-

- Risk targeting, also known as **Volatility Control**, is a widely adopted technique among investment funds for **managing risk**, with a notable concentration in the insurance space.
- The approach involves setting a **predetermined level of volatility** in their portfolios, such as 5%, 10%, or 15%, **and adapting asset allocation based on realized volatility** levels to uphold that goal.
- Although this approach can offer more predictable returns and minimize drawdowns during volatility events, **it requires frequent rebalancing and which creates flows that can impact the market.**
- The most popular approach to risk targeting is **volatility scaling**, which uses the **higher of either the 1-month or 3-month realized vol** as the toggle for equity exposure.



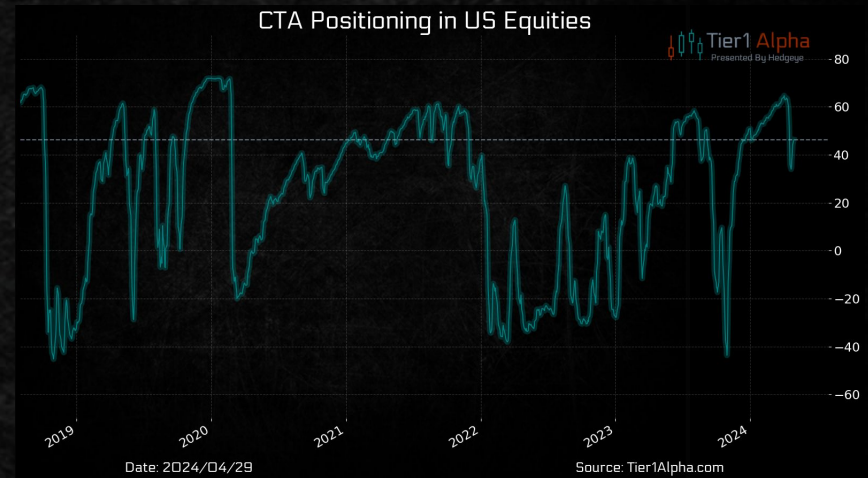
When **Realized Volatility Falls**, Vol Control funds mechanically **Buy Equities**.  
When **Realized Vol Rises**, these funds must **Sell Equities**.



# Commodity Trading Advisors-

Realized volatility plays a pivotal role in these strategies, particularly around **position sizing and risk management.**

- Commodity Trading Advisors (CTAs) often use **trend-following strategies** in the futures market across various asset classes, employing normalized momentum to gauge market trends.
- Normalized momentum is a **risk-adjusted measure of price momentum**, calculated by dividing the **average price change** over a specific period by the **standard deviation of those changes.**
- This allows for more **accurate comparisons between assets** and better risk management in **volatile market conditions.**
- CTAs then **dynamically modify their position sizes** in response to changes in realized volatility, **reducing exposure** during periods of **high volatility** and **increasing** exposure during periods of **lower volatility.**



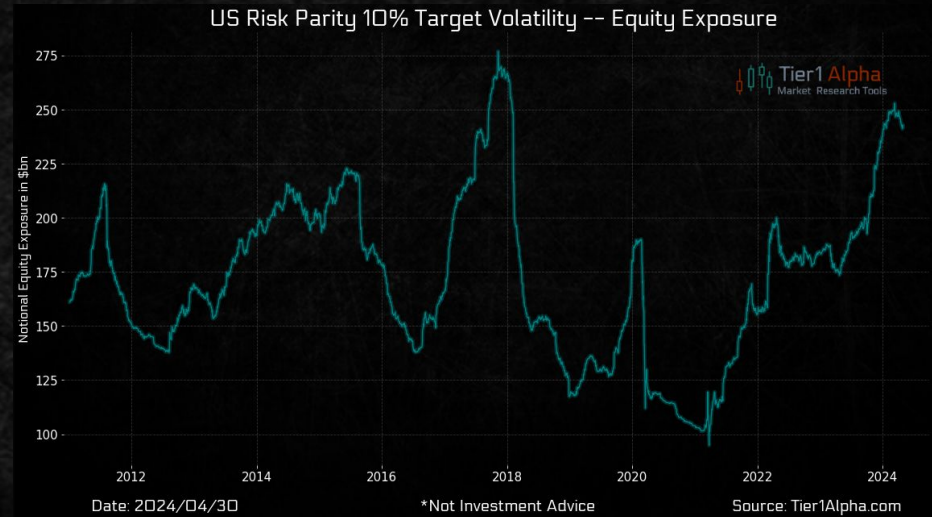
**Higher** equity volatility **reduces** exposure, triggering **Selling Flows.**

**Lower** equity volatility leads to **increased exposure**, generating **Buying Flows.**

# Risk Parity Funds-

Risk Parity Funds seeks to ensure each asset contributes **equally to the overall portfolio risk**, assigning **more weight to low-volatility** assets and **less weight to high-volatility** ones.

- Risk parity is an investment approach **prioritizing risk allocation over capital allocation**. It aims to create a balanced portfolio where various assets like equities, commodities, and bonds are **weighted based on their volatility**.
- **Realized volatility plays a crucial role in this strategy**. Assets with **higher volatility are given less weight**, and those with **lower volatility are given more weight**, ensuring equal risk contribution across the portfolio.
- Risk parity strategies **drive market flows** by adjusting asset holdings based on **volatility**.

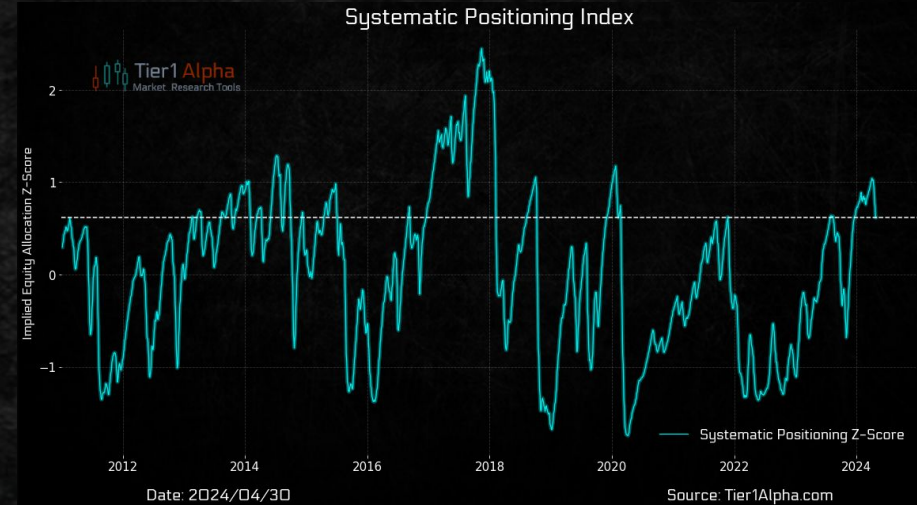


**Increased asset volatility** triggers **Sellings Flows** to reduce exposure, while a **Decrease in Volatility** prompts **Buying Flows** to increase exposure, ensuring **balanced risk**.

# Systematic Positioning Index-

**Systematic Flows** play a crucial role, often leading to significant disparities between **Asset Prices and Economic Conditions**.

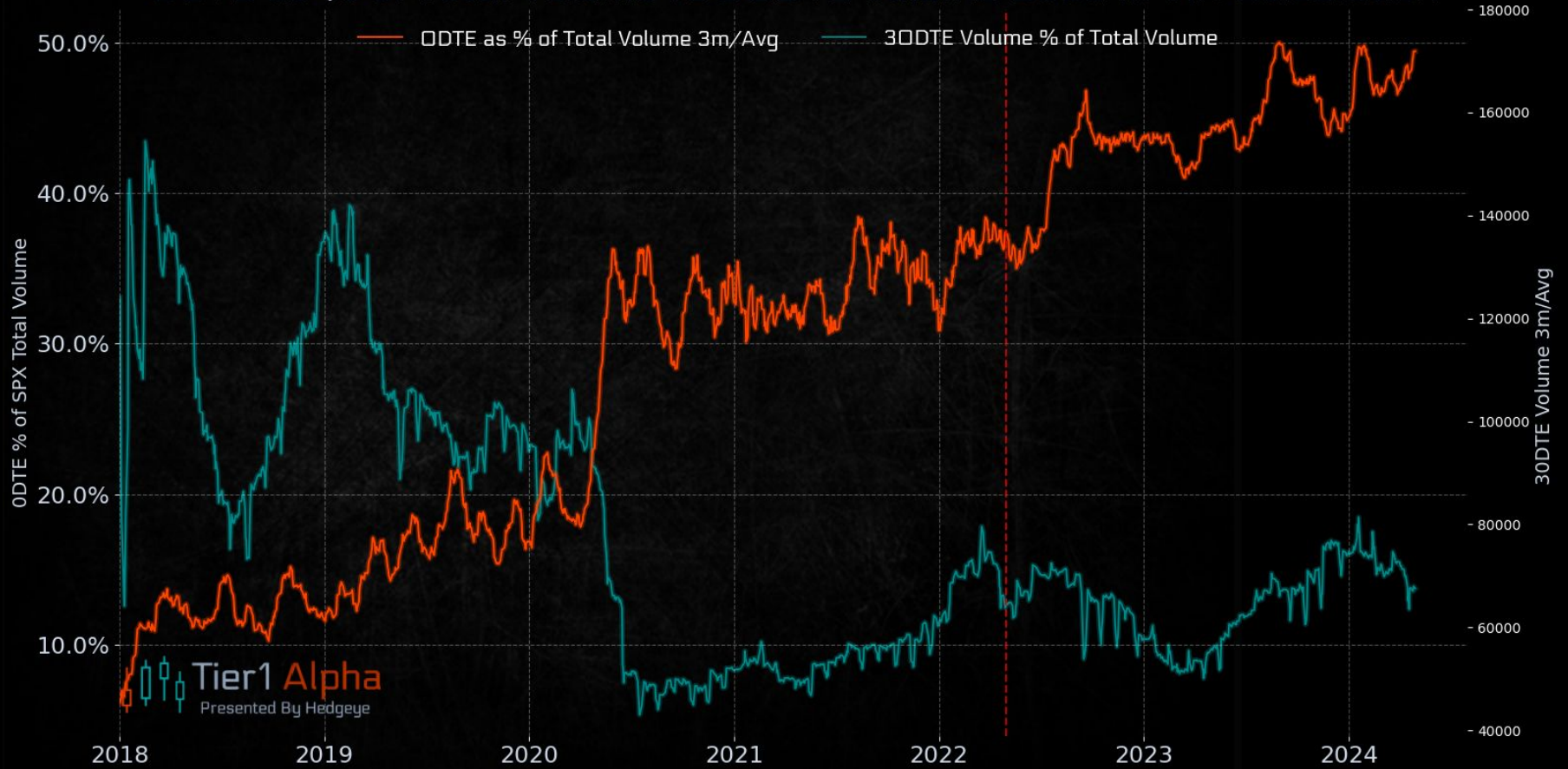
- Our **Systematic Positioning Index** gives us a broad view of equity exposure across several **popular quantitative strategies**.
- Combined, these strategies represent nearly **\$1 trillion in assets under management (AUM)**, which are all **mechanically tied to volatility** as a form of risk management.
- Within the context of an **Inelastic Market**, that **\$1 trillion in AUM**, with just an average multiplier, has the potential to influence up to **\$5 trillion in market capitalization**.
- Remember, **flows remain indifferent to economic conditions**, prices, valuations, earnings, or emotions. Broadly speaking, they react by **buying stocks when realized volatility decreases** and **selling stocks when it rises**.



**Trade The Flows, But Don't Be Fooled By The Flows!**



# ODTE as % of Total Volume vs 30DTE Volume Used In VIX Calculation

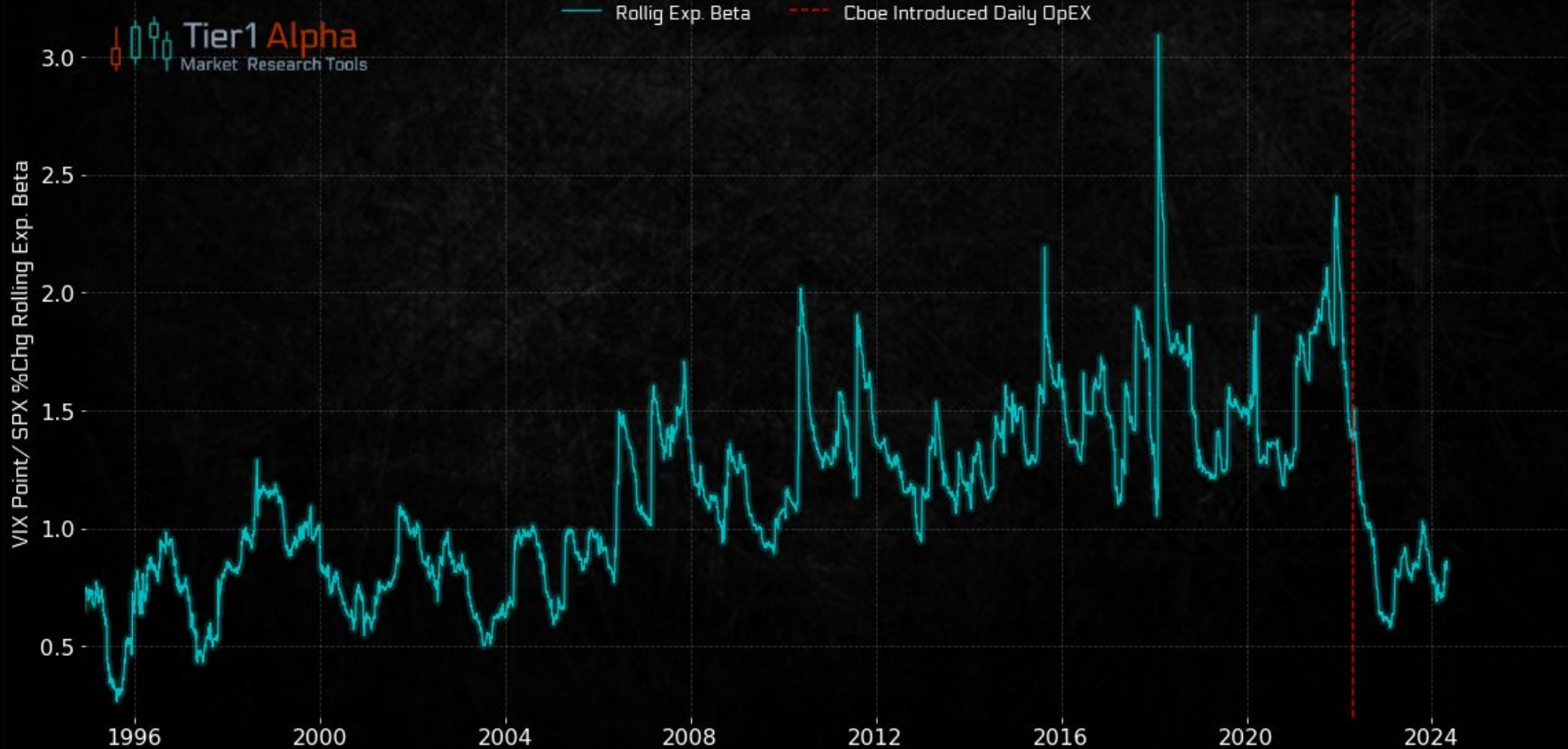


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Date: 2024/05/01

Source: Intrinio/ Tier1Alpha.com

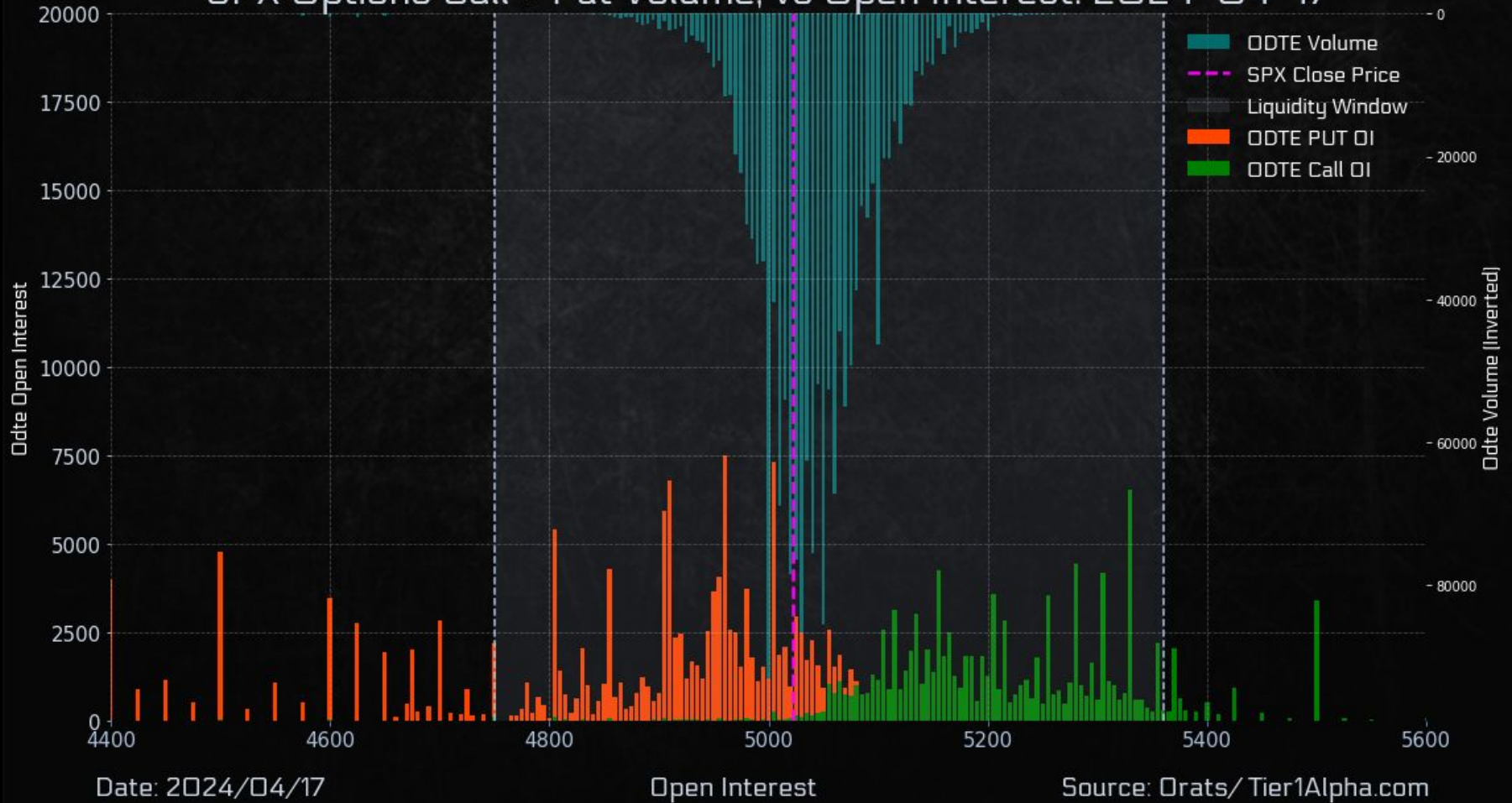
# VIX Points Vs. SPX %Chg -- 3-Month Exponential Beta



Date: 2024/04/30

Source: Intrinio/Tier1Alpha.com

# SPX Options Call + Put Volume, vs Open Interest: 2024-04-17



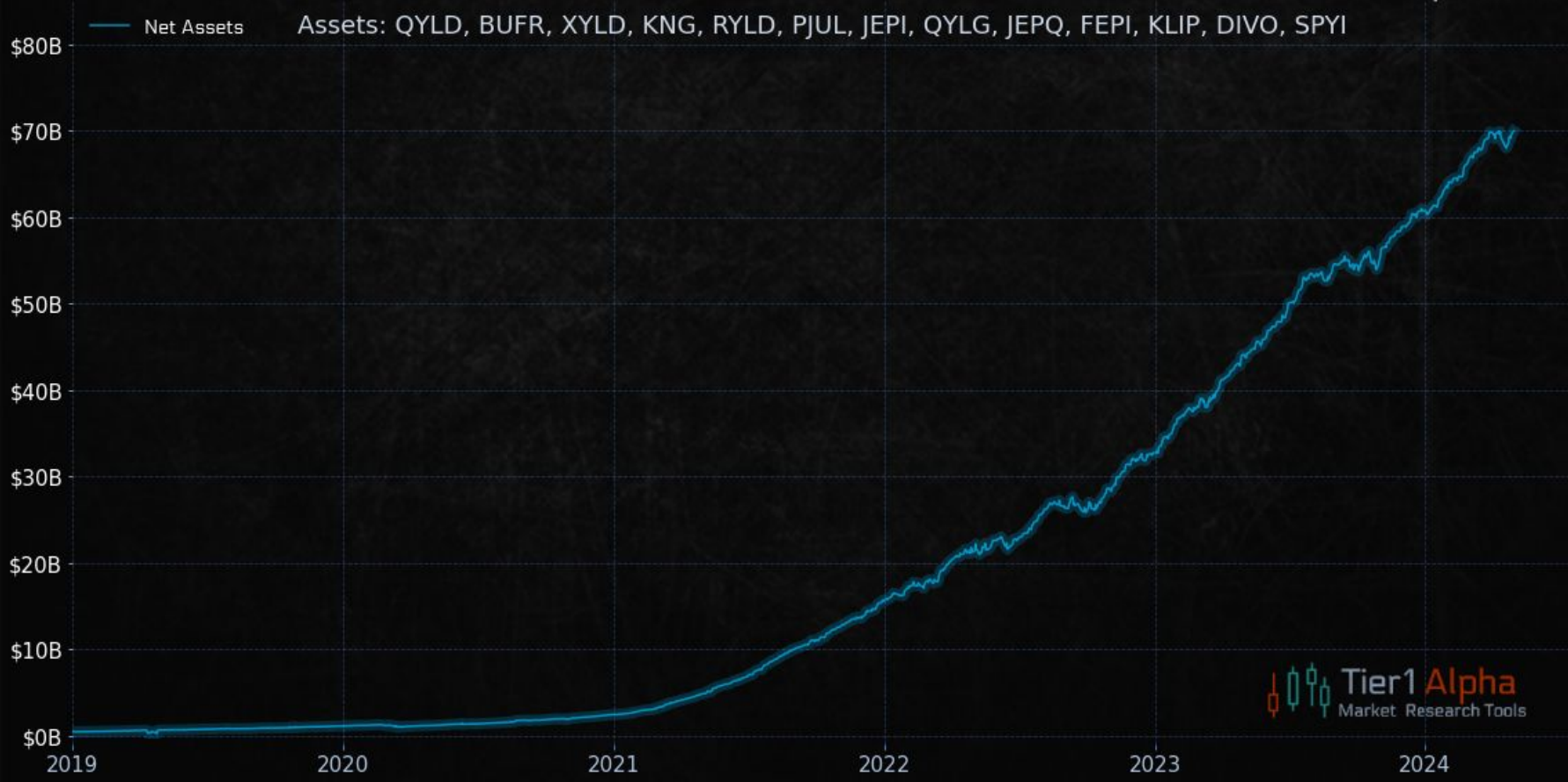
Date: 2024/04/17

Open Interest

Source: Orats/Tier1Alpha.com



# Massive Growth In Derivative Income ETFs- Combined Total Market Cap



Date: 2024/04/30

Source: Intrinsic/Tier1Alpha.com



# Derivative Income ETFs Cumulative Returns



Date: 2024/04/30

Source: Tier1Alpha.com



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